

**Subject:** Physical Activity and Sport Strategy

**Presented by:** Andy Maddox

<b>Purpose of bringing this report to the Board</b>	
Decision	
Recommendation to Full Council	
Endorsement	x
Information	x

<b>Implications</b>		<b>Applicable Yes/No</b>
DHWB Strategy Areas of Focus	Alcohol	
	Mental Health & Dementia	
	Obesity	
	Family	
	Personal Responsibility	
Joint Strategic Needs Assessment		
Finance		
Legal		
Equalities		
Other Implications (please list)		

<b>How will this contribute to improving health and wellbeing in Doncaster?</b>
<p>The Doncaster Physical Activity and Sport Strategy sets out our overall vision for a partnership approach to the delivery of physical activity and sport to the population.</p> <p>Our lifestyles over the past 50 years have gradually reduced the necessity to be active. For the first time in history we are in a position where we need to deliberately find ways of putting activity back into the majority of the population's lives, if we are going to address the issues of ill health caused by inactive lifestyles.</p> <p>This strategy through a partnership approach aims to further increase the levels of participation in physical activity and sport by putting activity back into the lives of the</p>

population which will help improve the health and wellbeing of Doncaster.

**Recommendations**

The Board is asked to:- Endorse the Physical Activity and Sport Strategy.